

Sankalp Nethralaya
Eye care, Bengaluru

After your LASIK or laser vision correction

How to care for your eyes in the days and weeks after treatment.

The first day

- [ ] Rest with your eyes closed for a few hours
- [ ] Wear the eye shields as instructed, especially while sleeping
- [ ] Some watering, grittiness and light sensitivity are normal
- [ ] Limit screen use on the first day

The following weeks

- [ ] Use your drops exactly as prescribed
- [ ] Do not rub your eyes
- [ ] Avoid swimming, hot tubs and eye make-up until your doctor says it is safe
- [ ] Wear sunglasses outdoors and avoid dusty places
- [ ] Avoid contact sports until cleared by your doctor
- [ ] Attend all follow-up visits, starting the next day

Contact us the same day if you notice

- [ ] Increasing pain
- [ ] Vision getting worse instead of better
- [ ] Increasing redness or discharge

My eye drop schedule

Drop name	How often	Until

Drop name	How often	Until

Questions? Call your clinic.

HSR Layout: 080 2258 0466 | Hosa Road: 080 2573 5556 | Banaswadi: 70229 74777

This is general guidance and does not replace your surgeon's instructions. For sudden loss of vision, severe pain or an eye injury, seek emergency care immediately.