

Sankalp Nethralaya
Eye care, Bengaluru

Before your cataract surgery

How to prepare in the days before your operation.

At your pre-surgery assessment

- [ ] We measure your eye to choose the right lens power
- [ ] Tell us about all your medicines, especially blood thinners and medicines for prostate problems, such as tamsulosin
- [ ] Tell us about diabetes, high blood pressure, heart or breathing problems and any allergies
- [ ] Do not stop any medicine unless your doctor tells you to

In the days before surgery

- [ ] Keep blood sugar and blood pressure well controlled
- [ ] Use any eye drops prescribed before surgery exactly as directed
- [ ] Arrange for an adult to bring you and take you home
- [ ] Report any cold, cough, fever or eye infection, as surgery may need to be rescheduled

On the day of surgery

- [ ] Wash your face and hair. Do not wear eye make-up, face cream or jewellery.
- [ ] Eat a light meal and take your usual medicines unless told otherwise
- [ ] Wear comfortable, loose clothing
- [ ] Bring your medicine list, reports, glasses and insurance documents
- [ ] Arrive at the time given to you

Questions? Call your clinic.
HSR Layout: 080 2258 0466 | Hosa Road: 080 2573 5556 | Banaswadi: 70229 74777
This is general guidance and does not replace your surgeon's instructions. For sudden loss of vision, severe pain or an eye injury, seek emergency care immediately.